



New GOTR Site Application

Indicate which program (Girls on the Run® or Girls on Track® you are applying for, if interested in both programs, please complete one form for each program.

Girls on the Run® (3rd - 5th grade) _____ Girls on Track® (6th - 8th grade) _____

SITE INFORMATION:

SCHOOL NAME: _____ SCHOOL DISTRICT: _____

SCHOOL ADDRESS: _____ CITY: _____ ZIP: _____

SITE LIAISON INFORMATION:

The Site Liaison's role includes assuring the smooth implementation of the program by securing appropriate training space and serving as a link between coaches, participants and parents (see Site Liaison Position Description for additional details).

SITE LIAISON NAME: _____ TITLE/ROLE: _____

SITE LIAISON PHONE #: _____ EMAIL: _____

* Provide email that is checked regularly, during weekends, holidays and summer vacations*

Readiness to Participate Criteria

While Girls on the Run® provides almost everything needed to run the program, the site is required to provide the following:

- Provide a Site Liaison (see role description)
- Provide a safe, dedicated space for running. **THIS IS ESSENTIAL.** This does not have to be a track. A field is fine. However, there is a need to measure off part of the area for occasions when lessons require running a certain distance, (e.g. 1 mile, 5K, etc.)

Briefly describe the available running area: _____

- Provide a rain site. An indoor, private area, preferably a gym, needs to be available for GOTR® and **NOT** in conflict with other programs.

Briefly describe the available indoor space: _____

- Identify participants.

** Distribute registration forms to 3rd through 5th grade girls(Girls on the Run®) or 6th through 8th grade girls (Girls on Track®)**

Briefly describe your recruiting and selection criteria (1st-come/1st-served, lottery, etc.) If multiple teams are requested and approved by the Council Director, the liaison will assign coaches and girls to separate teams.

- Secure storage area for paperwork, first aid kits, snacks, etc. Please describe the storage area and how it will be accessed (this can be as simple as a bin that is kept in the main office of the school): _____

- Provide list two coaching candidates per team of 12 girls for your site, (see coach job description). List any additional coaches on the back of this application. Each coach will be required to attend Girls on the Run® Coaches' Training, complete Volunteer/Coach application, complete health history form, agrees to a background checked, sign the Non-Compete form and sign the Logo Usage form. Coaches must be available one to two afternoons per week for 1 ½ hour from mid- September to early December (Fall Season) and/or February to end of April/beginning of May (Spring Season).

COACH CANDIDATE NAME: _____

CONTACT INFORMATION: Phone # _____ Email: _____

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CONTACT INFORMATION: Phone # _____ Email: _____

- We need assistance in identifying coaches. Please list the number of coaches you would like _____.
- We have enough coaches to meet the needs of our sites.

**Girls on the Run® of Maricopa County will help to recruit coaches as needed, but cannot guarantee that volunteers will be available for all locations at all times.

**Coaches will be assigned to sites by the Council Director per the standard of 2 coaches per team of 12 girls. One individual may coach a team of 8 participants.

Season Information

Each GOTR season is 10 weeks long (excluding school breaks and holidays). The 10 week season concludes with a 5K running event in late November/early December, location and date TBD.

Team/Practice Information

Please choose two days (non-consecutive) per week for practices and the 1 ½ hr. time frame in which the team will meet each day.

Days: _____ Time (i.e., 3-4:30 p.m.): _____

Registration Form Information

It is preferable to have an individual associated with the school listed on the application form as the contact person.

CONTACT PERSON FOR REGISTRATION FORMS:

CONTACT INFORMATION: Phone # _____ Email: _____

- I give permission for GOTRMC to publish my name and email information on the GOTR website.
- I DO NOT give permission for GOTRMC to publish my name and email information on the GOTR website.

Where should girls hand in their registration forms? _____
(i.e.: to their teacher, to the office, mail, etc)

School/District Acknowledgement Information

Please have the school principal sign below indicating his/her acknowledgement that GOTR will be delivered at your site:

Principal Name: _____ Date: _____

Principal's email address: _____ Phone #: _____

Does the school district require any additional paperwork? (Yes/No) _____
(If yes, please provide the Council Director with any necessary papers to be filled out/signed.)

Does the school district need to be listed on the Girls on the Run of Maricopa County liability insurance policy?
(Yes/No) _____

Is particular wording is required by the school or district please provide the required wording: _____

Program Fees

Participants of Girls on the Run® and their families are asked to pay a fee based upon their family income. Girls participate equally in the program regardless of the fee their family selects. The actual out of pocket cost to the GOTR program is approximately \$150 per girl for the twice per week, ten week program. Families are asked to pay the full \$150 to cover the cost of their child's participation if they are able. The following scale provides suggested payment amounts. By choosing to donate as much as they can afford, families are helping realize the vision for all girls to participate. Families who have the ability to and are interested in supporting the program beyond the \$150 will have an opportunity to sponsor additional girls as well on the participant registration form.

<u>Family Income</u>	<u>Fee</u>
Greater than \$50,000	\$150
\$49,000 - \$30,000	\$95
\$29,999 - \$20,000	\$65
\$19,999 - \$10,000	\$25
Less than \$9,999	\$15

Girls on the Run is a non-profit organization run by volunteers. Fees paid by the participants cover:

- ✓ Liability insurance coverage
- ✓ Fees to Girls on the Run International including program materials and membership fees
- ✓ Training and background checks on all volunteer coaches
- ✓ CPR certification of volunteers
- ✓ Materials used to conduct lessons (teaching aids, supplies, copies etc)

Each participant will receive:

- ✓ Lessons conducted by two certified GOTR® Coaches
- ✓ Water bottle
- ✓ Registration in the end of season 5K running event including a finishers medal
- ✓ Healthy snacks after each lesson
- ✓ Official GOTR program t-shirt
- ✓ End-of-season awards banquet for the entire family

**Please mail or fax the completed Site Application to our
Council Director
Girls on the Run of Maricopa County
28248 N. Tatum Blvd., B1-463
Cave Creek, AZ 85331
Fax: (480)248-6608
Phone: (602)795-6572
Email: councildirector@gotrmc.org**